



30 HOURS ADD-ON COURSE(ONLINE)

on

Sports Medicine

Open to all Hazi A. K. Khan College students

Organized by

HAZI A. K. KHAN COLLEGE

DEPARTMENT OF PHYSICAL

EDUCATION

Session: 2021-2022

BASIC DETAILS OF THE 30 HOURS ADD-ON COURSE

1.	Course Title	SPORTS MEDICINE
2.	Pre-requisite	All Under-Graduate students of History Honours
3.	Course Outcome	<ol style="list-style-type: none"> 1. Students able to understand sports medicine and utilize. 2. Understand the human body, function, systems and there injury also how to care. 3. Students gain knowledge various injury, care and maintenance, Rebilation.
4.	Course Commencement Date	
5.	Course Fee	NIL
6.	Intake Capacity	All Under-Graduate students of History Honours
7.	Course Duration	One Class (Lecture): 1 Hour 27 Lectures= 27 Hours Screening of a film on = 3 Hours(According to course requirements) Total Course Duration = 30 (27+3) Hours. Final Assessment on the Last day.
8.	Learning Resources	Details given in page
9.	Lesson Plan	Details given in page
10.	Assessment process	Students will be graded on Course-end Assessment, and Attendance
11.	Course Coordinator	SANJIOT KUMAR ROY
12.	Course Certificate Format	Format given in Page

No Course Fee

DETAILED SYLLABUS OF THE ADD-ON COURSE

Module 1: Concept, Meaning, Definition, Aim & Objective, Dimension, Scope [TIME: 5 HOURS]

DETAILS

Module 2: Sports Injuries- Injuries, cause, classification, Prevention, Management

[TIME: 5 HOURS]

DETAILS

Module 3: Sports & Keeping fit [TIME: 6 HOURS]

DETAILS

Module 4: Athletic Injuries and Care [TIME: 7 HOURS]

DETAILS

Module 5: Sports Medicine Team [TIME: 7 HOURS]

DETAILS

EVALUATION PROCESS FOR THE ADD-ON COURSE

The Evaluation will be done through 2 components –

- i) C1- Course-end Assessment [Total Marks:20]
- ii) C2 - Attendance [Total Marks: 5]

At the end of the Course, there will be a Course-end Assessment. Attendance Component Marks will be calculated based on the actual Attendance Percentage of the Students during the classes of the Course.

ATTENDANCE PERCENTAGE (%)	MARKS ALLOTTED
ABOVE 90	5
80 - 89	4
75 - 79	3
70 - 74	2
60 - 69	1
BELOW 60	NOT ELIGIBLE FOR CERTIFICATE